

THE BRIDGE TO HUMAN SERVICES

This resource guide was compiled by the
Human Services Committee of the Town of Bourne
August 2013

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87. Vet Center
88. Visiting Nurse Association of Cape Cod
89. YMCA of Cape Cod

NAME OF AGENCY	A Baby Center
ADDRESS	81 Willow Ave Hyannis, MA 02601
MAILING ADDRESS (if different)	P.O. Box 758 Hyannis, MA 02601
TELEPHONE NUMBER	508-771-8157
TOLL FREE NUMBER	
FAX NUMBER	508-775-5077
E-MAIL ADDRESS	helpingbabies@verizon.net
WEBSITE	www.ababycenter.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	A Baby Center provides at no charge, every 30 days, critical basic items for infants and toddlers up to the age of 3 who live on Cape Cod and the Islands and whose families meet income guidelines as identified by the federal WIC program. Sponsored by Cape Cod Council of Churches

NAME OF AGENCY AIDS Support Group of Cape Cod

ADDRESS 428 South Street
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-778-1954

TOLL FREE NUMBER

FAX NUMBER 508-778-4501

E-MAIL ADDRESS

WEBSITE www.asgcc.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Our mission is to provide direct and supportive services to people living with HIV and AIDS on Cape Cod with the goal of maintaining and enhancing the quality of their lives. Also to provide health education and prevention information to the residents of Barnstable County. Our services are consumer driven and family-centered, however family is defined. All services of the AIDS Support Group are free of charge. The following services are available: Case Management, Transportation, Nutrition , Housing, and Harm Reduction.

NAME OF AGENCY Al-Anon/Alateen Info Service

ADDRESS 38 Route 134 #10A
South Dennis, MA

TELEPHONE NUMBER 508-394-4555

TOLL FREE NUMBER

FAX NUMBER 508-394-8797

E-MAIL ADDRESS Sdenal@verizon.net

WEBSITE

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Al-Anon and Alateen help families and friends of alcoholics (whose drinking bothers us) There are 56 meetings on Cape Cod All Al-Anon literature is available at this office Office open Monday– Friday, 10-3 Answering machine 24/7
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NAME OF AGENCY Barnstable County Human Rights Commission

ADDRESS 3195 Main Street
Barnstable, MA 02630

MAILING ADDRESS
(if different) P.O. Box 427
Barnstable, MA 02630

TELEPHONE NUMBER 508-771-1530

TOLL FREE NUMBER 1-866-421-4472

FAX NUMBER

E-MAIL ADDRESS

WEBSITE bchumanservices.net

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>In October of 2005, Barnstable County created a 7-Member Human Rights Commission to address discrimination, equal rights, and equal access in Barnstable County. One of the BCHRC's primary functions is to provide proactive education and outreach to the community in an effort to promote equal opportunity and prevent discrimination. The BCHRC is a resource for all individuals and groups with questions about equal opportunity responsibilities.</p>
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NAME OF AGENCY Barnstable County Human Services

ADDRESS 3195 Main Street
Barnstable, MA 02630

MAILING ADDRESS P.O. Box 427
(if different) Barnstable, MA 02630

TELEPHONE NUMBER 508-375-6628

TOLL FREE NUMBER

FAX NUMBER 508-362-0290

E-MAIL ADDRESS humanservices@bchumanservices.net

WEBSITE bchumanservices.net

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY

The mission of the Human Services Dept is to promote the health and social well-being of County residents through regional efforts designed to improve coordination and efficiency of human services, and to strengthen the fabric of community care available to all.

NAME OF AGENCY

Bayview Associates

ADDRESS

310 Barnstable Road
Hyannis MA 02601

MAILING ADDRESS
(if different)

Additional locations
64 Industrial Park Rd Plymouth 508-830-1630
215 Sandwich Rd Wareham 508-295-3600

TELEPHONE NUMBER

508-862-0514

TOLL FREE NUMBER

1-800-852-2844

FAX NUMBER

E-MAIL ADDRESS

WEBSITE

www.bayview associates.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Bayview Associates offers assessment and counseling to individuals, couples, children and families. Our multi-disciplinary team of social workers, counselors, nurses, psychologists and psychiatrists specialize in treating anxiety, depression, marital problems, trauma grieving and other difficulties that interfere with everyday life and work.

Our child and family therapists understand the unique problems confronting children and adolescents ages 3-19 years old.

NAME OF AGENCY	Big Brothers Big Sisters of Cape Cod and the Islands
ADDRESS	1934 Falmouth Road Centerville, MA 02632
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-771-5150
TOLL FREE NUMBER	
FAX NUMBER	508-771-0046
E-MAIL ADDRESS	
WEBSITE	www.bbbssmb.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Our mission is to promote healthy development of children through nurturing one to one friendships with caring responsible adults, supported by trained professional staff. This service is free for children 7-12 years old and services at risk children in need of a positive role model.

NAME OF AGENCY

Birthright

ADDRESS

320 Gifford Street
Falmouth, MA 02540

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-457-0680

TOLL FREE NUMBER

1-800-550-4900 (Hotline)

FAX NUMBER

E-MAIL ADDRESS

info@birthright.org

WEBSITE

www.birthright.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Provides support to girls and women facing an unplanned pregnancy. Services are free and confidential and include: pregnancy testing, prenatal information, maternity and baby clothes, housing referrals, social agency referrals, adoption information, information on other community services and medical referrals

Trained volunteers available in Falmouth
Tuesdays 7-9 p.m., Wednesdays and Thursdays 11 a.m.-3 p.m.,
Fridays 3-5 p.m., Saturdays 10 a.m.- 12 p.m.

NAME OF AGENCY	Bourne Council on Aging
ADDRESS	239 Main Street Buzzards Bay, MA 02532
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-759-0653 508-759-0654
TOLL FREE NUMBER	
FAX NUMBER	508-759-0655
E-MAIL ADDRESS	
WEBSITE	bourneCouncilonAging.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>Seniors (60+)- Transportation for medical and shopping (must be a Bourne resident), information and referral, case management, educational, recreational, and wellness programs, Fuel Assistance, SHINE (health insurance counseling) support groups (Diabetes, Parkinson's, Surviving Difficult Changes, Grandparents as Parents) Community Café, Supportive Day Club. Some program fees.</p> <p>Bourne residents under age of 60- Transportation for disabled, information and referral, Fuel Assistance</p>

NAME OF AGENCY	Bourne Friends Food Pantry
ADDRESS	20 Commerce Park Road Pocasset, MA 02559
MAILING ADDRESS (if different)	PO Box 144 Buzzards Bay, MA 02532
TELEPHONE NUMBER	508-759-3351
TOLL FREE NUMBER	
FAX NUMBER	508-759-3351 (please call first)
E-MAIL ADDRESS	ffpcoord@yahoo.com, ffpadm@yahoo.com
WEBSITE	www.friendsofbournecoa.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>Our mission is to provide families in the town of Bourne with adequate nutrition. The Bourne Friends Food Pantry is a choice pantry, the families choose their food which is equivalent to a weeks worth of groceries. We deliver to elderly and disabled residents and provide assistance with food stamp applications. Open by appointment every Thursday 9-12, third Saturday of month 9-12 and fourth Thursday of the month 5-7 p.m.</p>

NAME OF AGENCY Bourne Housing Authority

ADDRESS 871 Shore Road
Pocasset, MA 02559

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-563-7485

TOLL FREE NUMBER

FAX NUMBER 508-564-7531

WEBSITE

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY

The Bourne Housing Authority provides housing to people of low income. Our units consist of housing for the elderly, disabled (including 1,2, and 3 bedroom wheelchair accessible units) and 2 and 3 bedroom family units. In addition we have a Section 8 and MRVP rental assistance program

NAME OF AGENCY Bourne Recreation Department

ADDRESS 239 Main Street
Buzzards Bay, MA 02532

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-743-3003

TOLL FREE NUMBER

FAX NUMBER 508-759-0655

E-MAIL ADDRESS kcaron@townofbourne.com

WEBSITE townofbourne.com

**DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY** Programs for youths and families residing in Bourne.

NAME OF AGENCY	Bourne United Methodist Church
ADDRESS	37 Sandwich Road Bourne MA 02532
MAILING ADDRESS (if different)	P.O. Box 3037
TELEPHONE NUMBER	508-759-4898
TOLL FREE NUMBER	
FAX NUMBER	508-759-1853
E-MAIL ADDRESS	bournepastor@verizon.net
WEBSITE	www.gbgm-umc.org/bourne/index.html
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Limited assistance with food and utilities Thrift Store open Wednesday, Friday, Saturday, 10-2.

NAME OF AGENCY

Bourne Youth Council

ADDRESS

P.O. Box 619
Cataumet, MA 02534

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-241-0839

TOLL FREE NUMBER

FAX NUMBER

E-MAIL ADDRESS

info@bourneyouthcouncil.com

WEBSITE

www.BourneYouthCouncil.com

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

The purpose of the Bourne Youth Council is to coordinate projects and activities not available through the schools or provided by the town due to budget restraints.

NAME OF AGENCY Boys and Girls Club of Cape Cod

ADDRESS 31 Frank E. Hicks Drive
Mashpee, MA 02649

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-477-8845

TOLL FREE NUMBER

FAX NUMBER 508-477-1991

E-MAIL ADDRESS info@boysgirlsclubcapecod.org

WEBSITE www.boysgirlsclub.org

NAME OF AGENCY	Bridging the Years Adult Supportive Day Program
ADDRESS	239 Main Street Buzzards Bay, MA 02532
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-743-3004
TOLL FREE NUMBER	
FAX NUMBER	508-759-0655
E-MAIL ADDRESS	dolivierellanes@townofbourne.com
WEBSITE	www.bourneCouncilOnAging.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>Monday– Friday, 9am-3pm For Bourne residents includes transportation, breakfast, lunch, snacks and all programming/activities. Sliding fee scale Participants may include isolated, frail elders who benefit from social, physical and cognitive stimulation. Participants are capable of performing activities of daily living with limited aid, can administer own medication and govern their own personal care.</p>

NAME OF AGENCY	Cape Abilities, Inc.
ADDRESS	895 Mary Dunn Road Hyannis, MA 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-778-5040
TOLL FREE NUMBER	
FAX NUMBER	508-778-9642
E-MAIL ADDRESS	info@capeabilities.org
WEBSITE	www.capeabilities.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Vocational, residential, day habilitation, and transportation services to individuals with disabilities. Vocational services include assessment, job development, placement and follow along services. Services are provided according to an individualized service plan to individuals age 18 and above. Cape Abilities works with each individual to seek outside alternative funding whenever possible and according to eligibility.

ADDRESS 56 Barnstable Rd.
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-778-7744

TOLL FREE NUMBER

FAX NUMBER 508-778-7745

E-MAIL ADDRESS cigsyahouse@aol.com

WEBSITE

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Dances are for a small fee Most other services are free Meetings, computer access, dances, training program
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NAME OF AGENCY	Cape and Islands Self Reliance Corp.
ADDRESS	1396 Route 28A Cataumet, MA 02534
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-563-6633
TOLL FREE NUMBER	1-888-808-0120
FAX NUMBER	508-563-1123
E-MAIL ADDRESS	reliance@reliance.org
WEBSITE	www.reliance.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>Self Reliance has run an oil cooperative program for over 25 years. Self Reliance contracts with full service oil dealers throughout southeastern Mass to charge our members no more than a low, fixed profit margin over and above each dealer's wholesale cost. This means prices to our members can vary, up and down, only as the wholesale price vary.</p> <p>Membership is required to participate in our oil cooperative. Household membership is \$36 per year. Senior household membership (65 years+) is \$18 per year. Applications are available on our website or by contacting our office.</p>

NAME OF AGENCY

Cape Cod Center for Women, Inc

ADDRESS

P.O. Box 141
North Falmouth, MA 02556

MAILING ADDRESS
(if different)

TELEPHONE NUMBER

508-564-7233

TOLL FREE NUMBER

1-800-745-0003

FAX NUMBER

508-540-4416

E-MAIL ADDRESS

cccfw@comcast.net

WEBSITE

capecodshelter.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

We provide shelter services for single women or women with children who are fleeing from a domestic violence living arrangement. We are a confidential shelter which means our location is not disclosed for safety reasons. We have a hotline that operates 24 hours a day 7 days a week for anyone who has questions or needs help with domestic violence or sexual assault issues.

NAME OF AGENCY Cape Cod Child Development

ADDRESS 83 Pearl St.
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-775-6240

TOLL FREE NUMBER 1-800-974-8860

FAX NUMBER 508-790-4298

E-MAIL ADDRESS info@cccdp.org

WEBSITE www.cccdp.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Cape Cod Child Development provides care and community resources for the children and families of Cape Cod and the Islands. We serve over 1000 families a day with child care, educational and developmental intervention and family support services.
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NAME OF AGENCY

Cape Cod Council of Churches

ADDRESS

320 Main Street
Hyannis, MA 02601

MAILING ADDRESS
(if different)

P.O. Box 758
Hyannis, MA 02601

TELEPHONE NUMBER

508-775-5073

TOLL FREE NUMBER

FAX NUMBER

508-775-5077

E-MAIL ADDRESS

capecouncil@verizon.net

WEBSITE

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

1. **Bridge to Hope Mentor Program**
btohope@yahoo.com
2. **Hands of Hope Outreach Center** (food pantry, thrift store)
49 Route 28, West Harwich, MA
508-432-1312
churcheshoh@comcast.net
3. **A Baby Center** (baby products for children birth– 3 years)
81 Willow Street, Hyannis, MA
508-771-8157
helpingbabies@verizon.net
4. **Overnights of Hospitality**– Jill Scalise , 508-775-5073

NAME OF AGENCY	Cape Cod Families Early Childbearing Program
ADDRESS	155 Katherine Lee Bates Rd. Falmouth, MA 02540
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-540-2968
TOLL FREE NUMBER	
FAX NUMBER	508-457-6525
E-MAIL ADDRESS	tpacheco@hcsm.org
WEBSITE	www.hcsm.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	A program of Health Care of Southeastern Mass Inc. We have two programs- Healthy Families is funded by the state through the Children's Trust Fund .(This is the larger program and serves pregnant and parenting teens up through age 20. The other serves the same population through age 23. It is funded by the Dept. of Children and Families. Both programs are home visiting which focus on education of young moms and dads. Case management is offered on a limited basis.

NAME OF AGENCY

Cape Cod Human Services

ADDRESS

270 Teaticket Highway #1
East Falmouth, MA 02536

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-790-3360

TOLL FREE NUMBER

1-888-894-2247

FAX NUMBER

508-790-3366

E-MAIL ADDRESS

WEBSITE

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

We offer individual, couples and family counseling and psychiatric/med services.
We are part of the Behavioral Health Services of the Psychiatric Center of Cape Cod (see their listing)

NAME OF AGENCY	Cape Cod Neighborhood Support Coalition
ADDRESS	56 Barnstable Road Hyannis, Ma 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-771-4336
TOLL FREE NUMBER	
FAX NUMBER	508-771-4336 (please call first)
E-MAIL ADDRESS	beverly@capecoalition.com
WEBSITE	www.capecoalition.com
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Through our toll-free line, we provide families with information and referral to health and human services and other resources on the Cape and Islands. We also promote and sponsor parent education and support opportunities.

NAME OF AGENCY	Cape Cod Regional Transit Authority
ADDRESS	215 Iyannough Road Hyannis, MA 02601
MAILING ADDRESS (if different)	P.O. Box 1988 Hyannis, MA 02601
TELEPHONE NUMBER	508-775-8504
TOLL FREE NUMBER	1-800-352-7155
FAX NUMBER	508-775-8513
E-MAIL ADDRESS	info@capecodtransit.org
WEBSITE	www.capecodtransit.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>B-Bus Service– CCRTA provides daily B-Bus (demand response) service that is door to door, ride by appointment, transportation service. This service is available to all Cape Cod residents for any purpose. B-Bus service is available Monday through Friday in all towns from 7 am to 7 pm on Saturdays from 9am to 7 pm and on Sundays 9:am to 1pm in most towns.</p> <p>Boston Hospital Transportation– CCRTA provides daily Monday, Tuesday, Wednesday and Friday, by reservation, transportation services to 15 Boston area hospitals. The BHT has numerous bus stops including the Sagamore Commuter Lot</p> <p>Human Service Transportation provider for the Cape office of Mass Health, DMR, and Early Intervention Program</p> <p>Fares for services</p>

ADDRESS P.O. Box 804
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-778-5661

TOLL FREE NUMBER 1-800-422-1446

FAX NUMBER 508-862-0430

E-MAIL ADDRESS info@needyfund.org

WEBSITE www.needyfund.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY Providing financial assistance for a range of basic human needs.

NAME OF AGENCY	Cape Cod WIC Health Care Southeastern MA (HCSM)
ADDRESS	1019 Iyanough Rd. Hyannis, MA 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-771-7896
TOLL FREE NUMBER	
FAX NUMBER	508-771-2177
E-MAIL ADDRESS	ccwic@hcsm.org
WEBSITE	
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Nutrition counseling, Food vouchers for women (pregnant, postpartum, breastfeeding), infants and children. Serving Bourne to Dennis/Yarmouth and the Islands

NAME OF AGENCY	Cape Organization for the Rights of the Disabled (CORD)
ADDRESS	106 Bassett Lane Hyannis, MA 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-775-8300
TOLL FREE NUMBER	1-800-541-0282
FAX NUMBER	508-775-7022
E-MAIL ADDRESS	cordinfo@cilcapecod.org
WEBSITE	www.cilcapecod.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	To help people with any kind of disability to advance their independence, productivity, and integration.

NAME OF AGENCY

Cape United Elders

ADDRESS

372 North Street
Hyannis, MA 02601

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-771-1727

TOLL FREE NUMBER

1-800-845-1999

FAX NUMBER

508-775-7488

E-MAIL ADDRESS

WEBSITE

www.cacci.cc

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

A program of the Community Action Committee of Cape Cod and Islands. Advocate for seniors and their issues concerning legislation, nursing homes, caregiving, and housing.
A volunteer organization

NAME OF AGENCY Catholic Social Services

ADDRESS 261 South Street
 Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-771-6771

TOLL FREE NUMBER

FAX NUMBER 508-771-6771

E-MAIL ADDRESS

WEBSITE

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Free rental assistance and ESL classes
Sliding scale fees for help with adoptions and mental health counseling
Counseling services available for English and Portuguese speaking individuals.

Main office in Fall River

NAME OF AGENCY Child and Family Services

ADDRESS 1019 Iyannough Rd.
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-778-1839

TOLL FREE NUMBER 1-800-576-9444

FAX NUMBER 508-775-1245

E-MAIL ADDRESS Dmoore@cfservices.org

WEBSITE child.familyservices.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Mental health counseling for all ages; issues ranging from depression, anxiety, trauma, behavior, grief, parent-child conflicts. Specializing in sexual abuse with children. Psychiatric services also available.
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NAME OF AGENCY Child Care Network

ADDRESS 372 North Street
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-778-9470

TOLL FREE NUMBER 1-800-845-1999, 1-888-530-2430

FAX NUMBER 508-775-3710

E-MAIL ADDRESS bethg@cacci.cc

WEBSITE www.childcarenetwork.co

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Referral agency Free childcare information and services to families Parent workshops/Professional training Manage State's voucher system
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NAME OF AGENCY

Children's Cove

ADDRESS

P.O. Box 427
Barnstable, MA 02630

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-375-0410

TOLL FREE NUMBER

1-888-863-1900

FAX NUMBER

E-MAIL ADDRESS

info@childrenscove.org

WEBSITE

childrenscove.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Children's Cove is a free standing child friendly facility designed to ensure that victims of child sexual abuse and their non offending family members have access to support and services in a safe, respectful and compassionate environment.

ADDRESS 372 North Street
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-771-1727

TOLL FREE NUMBER 1-800-845-1999

FAX NUMBER

E-MAIL ADDRESS

WEBSITE www.cacci.cc

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

CACCI is committed to providing services to help empower and improve the lives of low income residents of Barnstable, Dukes and Nantucket counties by providing resources and self advocacy skills to attain and support self sufficiency.

skills to attain and support CACCI programs are:

Housing Assistance, Transitional Housing, Safe Harbor Battered Women's Shelter, Pilot House Shelter, Leadership Council to End Homelessness, Project HOPE, Homeless Outreach Program, Child Care Network, and Cape United Elders.

NAME OF AGENCY	Community Connections
ADDRESS	127 White's Path South Yarmouth, MA 02664
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	1-800-308-1321
TOLL FREE NUMBER	same
FAX NUMBER	508-362-9198
E-MAIL ADDRESS	
WEBSITE	www.communityconnectionsinc.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Licensed by DMR to provide opportunities for people with disabilities. Most clients are funded by state or federal adult service agencies. Some services obtained through private pay. Services include: Day Habilitation Centers — including therapies, community based leisure and social activities. Employment Services offers vocational and skills assessment, job search, placement and job coaching. Supported Living helps find places to live and provides support within home including help with budgeting, household management, healthcare planning and nutritional guidance. Life Skills assists with the development of basic skills needed to live in the community either independently or with supports. Transportation — provides rides to & from day programs, community activities and medical appointments

NAME OF AGENCY Community Health Center of Cape Cod

ADDRESS 123 Waterhouse Road
Bourne, MA 02532

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-477-7090

TOLL FREE NUMBER

FAX NUMBER 508-759-7987

E-MAIL ADDRESS info@chcofcapecod.org

WEBSITE chcofcapecod.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Provide access to primary care, behavioral health services and dental care to anyone regardless of their ability to pay. Also a site for registration for MassHealth and Commonwealth Care insurance. Family Resource Center 508-759-7971
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NAME OF AGENCY

Community Resources Network

ADDRESS

P.O Box 550
Wareham, MA 02571

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-295-0080

TOLL FREE NUMBER

FAX NUMBER

E-MAIL ADDRESS

WEBSITE

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Assistance with Utilities (oil, electric heating, etc), Shelter
(security deposits, rent) and Food (food certificates, Thanksgiving
baskets)
No age restrictions
No fees
Serving Buzzards Bay, Marion, Onset, Rochester and Wareham

ADDRESS 500 Main Street
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-760-0200

TOLL FREE NUMBER

FAX NUMBER

E-MAIL ADDRESS

WEBSITE www.gov/dcf

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Children and family social services, Child Protection, Foster Care and Adoption Program. Reporting agency for Child Abuse and Neglect.
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NAME OF AGENCY	Department of Mental Health Cape and Islands Community Mental Health Center
ADDRESS	830 County Road Pocasset, MA 02559
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-564-9600
TOLL FREE NUMBER	1-800-387-0222,
FAX NUMBER	508-564-9700
E-MAIL ADDRESS	
WEBSITE	www.state.ma.us/DMH
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	CC&IMHC is part of the state mental health system. We are located throughout the Cape. Mental health support services are provided through emergency care, child and adolescent care, case management, community support, adult outpatient and residential treatment, and an acute psychiatric hospital. Emergency Services team 1-800-322-1356 or go to nearest hospital emergency room.

NAME OF AGENCY Department of Transitional Assistance

ADDRESS 77 High School Road Ext.
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-862-6600

TOLL FREE NUMBER 1-800-807-9519

FAX NUMBER 508-790-4685

E-MAIL ADDRESS donald.brown@dta.state.ma.us

WEBSITE www.mass.gov/dta

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>TAFDC– Transitional Aid to Families with Dependent Children: offers cash, medical and food stamp assistance to families in need.</p> <p>EAEDC– Emergency Aid to the Elderly, Disabled and Children: offers cash and food stamp assistance, along with limited medical coverage. Most EAEDC recipients have short term disabilities or are awaiting a decision on their Social Security benefits</p> <p>Food Stamps– offers food assistance for both families and individuals .</p> <p>Emergency Assistance– offers emergency shelter to families and pregnant women.</p> <p>Jobs/Employment– partners with JTEC and DCS and MRC</p>
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All programs have specific eligibility standards

NAME OF AGENCY

Department of Veteran's Services

ADDRESS

First Citizens Federal Credit Union Bldg
66 Falmouth Road
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-778-8740

TOLL FREE NUMBER 1-888-778-8701

FAX NUMBER 508-778-8745

E-MAIL ADDRESS edward.merigan@town.barnstable.ma.us

WEBSITE

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Aid and assist veterans with benefits on local, state and federal levels. Encourage any veteran, spouse or dependent to see if they are eligible for any benefits. No fees involved
Representative at Bourne Town Hall every Tuesday and Thursday from 9-12. Call 508-743-3009 for an appointment.

NAME OF AGENCY Bourne Oaks
Eastpoint Properties

ADDRESS 5A Eastpoint Drive
Bedford, NH 03110

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 603-262-3601

TOLL FREE NUMBER

FAX NUMBER 603-782-4159

E-MAIL ADDRESS

WEBSITE

DESCRIPTION OF SERVICES,	Management company for subsidized housing for elderly and disabled tenants.
RESTRICTIONS & FEES, IF ANY	Bourne Oaks in Buzzards Bay

NAME OF AGENCY Elder Services of Cape Cod and Islands

ADDRESS 68 Route 134
South Dennis, MA 02660

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-394-4630

TOLL FREE NUMBER 1-800-244-4630

FAX NUMBER 508-394-3712

E-MAIL ADDRESS

WEBSITE www.escci.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	State Home Care Meals on Wheels Family Caregiver Money Management Protective Services	60 yr+ 60 yr+ 60 yr+ 60 yr+ 60 yr+	copay sliding scale donation voluntary donation voluntary donation voluntary no fee
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NAME OF AGENCY	Fairwinds Clubhouse
ADDRESS	155 Katherine Lee Bates Rd. Falmouth, MA 02540
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-540-6011
TOLL FREE NUMBER	
FAX NUMBER	508-457-7539
E-MAIL ADDRESS	fairwindsclub@gmail.com
WEBSITE	www.fairwindsclubhouse.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>The Fairwinds Clubhouse mission is to provide opportunities for friendship, support, employment and education to people with psychiatric disabilities who live on Upper Cape Cod.</p> <p>Must be 18 years and older.</p>

NAME OF AGENCY Family Continuity

ADDRESS 60 Perseverance Way
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-862-0600

TOLL FREE NUMBER 1-866-219-3320

FAX NUMBER

E-MAIL ADDRESS info@familycontinuity.org

WEBSITE www.familycontinuity.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Outpatient Mental Health Clinic Family Stabilization and Treatment and Reunification The Wrap Program Community Support Services
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NAME OF AGENCY Falmouth Family Planning

ADDRESS 210 Jones Road Suite #22
Falmouth, MA 02540

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-540-2949

TOLL FREE NUMBER

FAX NUMBER 508-540-7083

E-MAIL ADDRESS

WEBSITE

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	A program of the Community Health Center of Cape Cod, Falmouth Family Planning offers comprehensive family planning services including gynecological exams, pregnancy tests, STD screening and testing. Some insurances accepted, cost is based on a sliding fee scale for uninsured patients. No one is denied services due to inability to pay
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NAME OF AGENCY

Family Service Association
Adult Family Care Program

ADDRESS

14 Apollo 11 Drive
Plymouth, MA 02630

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-747-7490

TOLL FREE NUMBER

FAX NUMBER

E-MAIL ADDRESS

djmumford@frfsa.org

WEBSITE

www.frfsa.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Available to ages 16 years old and above and Mass Health eligible. Foster care for medical diagnosis individuals who can not live safely alone in the community.

NAME OF AGENCY 4H Club– Barnstable County

ADDRESS Deeds and Probate Building
 3195 Main Street
 Barnstable, MA 02630

MAILING ADDRESS
(if different) P.O. Box 367
 Barnstable, MA 02630

TELEPHONE NUMBER 508-375-6696

TOLL FREE NUMBER

FAX NUMBER 508-362-4518

E-MAIL ADDRESS jvollmer@barnstablecounty.org

WEBSITE www.capecodextension.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

After school care ages 5-18
In school enrichment programs
Volunteers (teaching)
Programs for families

NAME OF AGENCY

GATRA

ADDRESS

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

TOLL FREE NUMBER

1-800-433-5995

FAX NUMBER

E-MAIL ADDRESS

WEBSITE

gatra.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

OWL Link Bus Service available in Buzzards Bay, Bourne Village and Waterhouse Road. Also connection to Peter Pan bus service.

Fare information:

Adults \$1.00

Seniors, Disabled, and Students \$.50

Children under 6 Free

Exact Fare Required

Monthly Passes

NAME OF AGENCY Gleason Family YMCA

ADDRESS 33 Charge Pond Road
Wareham, MA 02571

TELEPHONE NUMBER 508-295-9622

TOLL FREE NUMBER

FAX NUMBER 508-295-8973

E-MAIL ADDRESS

WEBSITE www.ymcasouthcoast.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	The full facility, Gleason Family YMCA ,provides youth, families, and individuals of all ages, year round activities in the indoor swimming pool, gymnasium, wellness center, group exercise room and drop-in center.
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NAME OF AGENCY

Gosnold, Inc.

ADDRESS

200 Ter Heun Drive
Falmouth, MA 02540

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

TOLL FREE NUMBER

1-800-444-1554

FAX NUMBER

508-540-7480

E-MAIL ADDRESS

WEBSITE

gosnold.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Addiction and mental health treatment.
Inpatient and outpatient care
All insurances accepted
Serving adults, adolescents and children

ADDRESS 25 Barlows Landing Road
Pocasset, MA 02559

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-564-5101

TOLL FREE NUMBER

FAX NUMBER 508-564-6541

E-MAIL ADDRESS cdimestico@habilitationassistance.com

WEBSITE habilitation-assistance.com

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Therapeutic day supports for adults with developmental disabilities. Specializing in meaningful community involvement.
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NAME OF AGENCY

Hope Dementia and Alzheimer's Services

ADDRESS

765 Attucks Lane
Hyannis, MA 02601

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-775-5656

TOLL FREE NUMBER

FAX NUMBER

508-790-9333

E-MAIL ADDRESS

info@HopeDementia.org

WEBSITE

www.HopeDementia.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Our mission is to provide information, education and support for people on Cape Cod, Martha's Vineyard and Nantucket with Alzheimer's Disease or a related dementia and the families and professionals who care for them.

NAME OF AGENCY	Hope Hospice
ADDRESS	765 Attucks Lane Hyannis, MA 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-957-0200
TOLL FREE NUMBER	1-800-642-2423
FAX NUMBER	508-957-0229
E-MAIL ADDRESS	
WEBSITE	www.HopeHealthCo.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Hospice care is about hope. It provides comfort, dignity and optimal quality of life for people facing a life limiting illness. We meet the physical, emotional and spiritual need of each patient and their family. We are committed to serving all who are eligible to receive our services, regardless of ability to pay or other treatments received. The McCarthy Care Center is the only specifically licensed hospice inpatient unit in the area.

NAME OF AGENCY

Housing Assistance Corporation

ADDRESS

460 West Main Street
Hyannis, MA 02601

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-771-5400

TOLL FREE NUMBER

FAX NUMBER

508-775-7434

E-MAIL ADDRESS

WEBSITE

www.haconcapecod.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Housing Services – provides shelter and services to homeless
Housing Development – creates affordable rental and ownership opportunities for people who live and work on Cape Cod
Energy and Home Repair– provides energy services to low income residents
Leased Housing – administers rental subsidies to households throughout the Cape and Islands
Consumer Education - help Cape Codders become home owners
Workforce Housing– partnering with employers to provide housing for local workers
Foreclosure Education Center and Prevention Counseling

NAME OF AGENCY	Independence House, Inc
ADDRESS	160 Bassett Lane Hyannis, Ma 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-771-6507
TOLL FREE NUMBER	1-800-439-6507
FAX NUMBER	508-778-0143
E-MAIL ADDRESS	indhouse@indhouse.net
WEBSITE	www.independencehouse.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>The programs at Independence House provide help to victims/survivors of domestic and sexual violence. Services include Safe Homes, Court Advocacy, groups and individual counseling for children who witness domestic violence and services for teens who have witnessed and/or experience relationship violence. Long term temporary housing services are also available to a limited number of survivors who are in need of housing. Community education, outreach and prevention services are available by request to groups, municipalities, schools, businesses on Cape Cod. Independence House serves Cape Cod residents who are victims of domestic and sexual violence. Services are free and confidential</p>

NAME OF AGENCY Job Training and Employment Corp.
(JTEC)

ADDRESS 88 North Street
Hyannis, Ma 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-790-0400

TOLL FREE NUMBER

FAX NUMBER

E-MAIL ADDRESS

WEBSITE

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Job training, unemployment resources, GED preparation No cost, some services income eligible
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NAME OF AGENCY	Massachusetts 2-1-1
ADDRESS	46 Park Street Framingham, MA 01702
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	211
TOLL FREE NUMBER	out of state call: 1-877-211-6277
FAX NUMBER	
E-MAIL ADDRESS	info@mass211.org
WEBSITE	www.mass211.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Massachusetts 2-1-1 is the direct link between people who need help and people who can give help. 2-1-1 connects you to local services- from food, clothing, and shelter assistance to counseling, legal and financial services. Available 24 hours a day, 7 days a week Multilingual and TTY service also available Massachusetts primary call center during times of emergency

NAME OF AGENCY Massachusetts Commission Against Discrimination

ADDRESS 1 Ashburton Place
Room 601
Boston, MA 02108

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 617-994-6000

TOLL FREE NUMBER

FAX NUMBER 617-994-6024

E-MAIL ADDRESS

WEBSITE www.mass.gov/mcad

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Massachusetts Commission Against Discrimination is the state's chief civil rights agency. The commission works to eliminate discrimination on a variety of bases and areas, and strives to advance the civil rights of the people of the Commonwealth through law enforcement, outreach and training.
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NAME OF AGENCY Massachusetts Commission for the Blind

ADDRESS 48 Bolyston Street
Boston, MA 02116

MAILING ADDRESS
(if different)

TELEPHONE NUMBER

TOLL FREE NUMBER 1-800-392-6450

FAX NUMBER 617-626-7685

E-MAIL ADDRESS

WEBSITE www.mass.gov/mcb

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Serves Massachusetts residents of all ages who are legally blind No fees Help/Train Blind to be independent in their home, employment, and community
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NAME OF AGENCY	Massachusetts Commission for the Deaf and Hard of Hearing
ADDRESS	150 Mount Vernon St. Suite 550 Dorchester, MA 02125
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	617-740-1600, TTY- 617-740-1700
TOLL FREE NUMBER	1-800-882-1155, TTY- 1-800-530-7570
FAX NUMBER	617-740-1699
E-MAIL ADDRESS	
WEBSITE	www.mass.gov.mcdhh
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	<p>MCDHH serves as the principal state agency providing leadership, education, and advocacy services directed to empowering deaf, late deafened, and hard of hearing individuals and their families in receiving equitable opportunities.</p> <p>MCDHH Programs and Services: Interpreter/CART Referral Services Dept Communication Access, Training and Technology Services Case Management and Social Services</p>

NAME OF AGENCY	Massachusetts Department of Developmental Services
ADDRESS	270 Communication Way, Bldg 5C Hyannis, MA 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-771-2595
TOLL FREE NUMBER	
FAX NUMBER	508-778-6504
E-MAIL ADDRESS	
WEBSITE	http://eohhs-web.ens.govt.state.ma.us/dmr
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Children services- family support, information and referral thru contracted agency (3- 22 yrs.) Adults- family support, individual support, residential services, day services, transportation thru contracted agencies or direct from DDS. Intake and eligibility for children and adults Information and referral for children and adults

NAME OF AGENCY	Massachusetts Society for the Prevention of Cruelty to Children MSPCC
ADDRESS	206 Breeds Hill Rd. Hyannis, MA 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-775-0275
TOLL FREE NUMBER	1-800-272-9722
FAX NUMBER	508-790-3988
E-MAIL ADDRESS	
WEBSITE	www.mspcc.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Mental health services for children and families. (third party payment= Insurance) Parenting support and education (no fees) Services can be home based. There is also an office in Falmouth.

NAME OF AGENCY	NAMI of Cape Cod and the Islands, Inc.
ADDRESS	175 West Main Street Hyannis, MA 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-778-4277
TOLL FREE NUMBER	
FAX NUMBER	508-778-4277
E-MAIL ADDRESS	namicapecod@verizon.net
WEBSITE	www.nami.org/sites/capecod
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	NAMI Cape Cod supports education, advocacy, research, and support for the family of people with mental illness, mental health consumers, mental health professionals, and friends of people with mental illness.

NAME OF AGENCY	New England Region of Narcotics Anonymous
ADDRESS	New England Regional Services Committee P.O. Box 437 Quincy, MA 02169
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	
TOLL FREE NUMBER	1-866-NA Help U
FAX NUMBER	
E-MAIL ADDRESS	Web site has “contact us” link
WEBSITE	NewEnglandNA.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	There is no age restrictions. There are no dues or fees. NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break.

NAME OF AGENCY

NOAH Center

ADDRESS

77 Winter Street
Hyannis, Ma 02601

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-778-5255

TOLL FREE NUMBER

FAX NUMBER

508-778-7522

E-MAIL ADDRESS

hwalter@haconcapecod.org

WEBSITE

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Emergency Shelter
Males and females, 18 years+
Showers, breakfast, dinner, employment specialist, housing specialist
Hours of operation Monday– Sunday 4:30 p.m.—8:00 a.m.
Clients can stay during these hours.

NAME OF AGENCY	Parents Anonymous (Parents Helping Parents)
ADDRESS	108 Water Street Watertown, MA 02472
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	1-800-882-1250
TOLL FREE NUMBER	Emergency # 1-800-632-8188
FAX NUMBER	617-926-5011
E-MAIL ADDRESS	info@parentshelpingparents.org
WEBSITE	www.parentshelpingparents.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Parental Stress Line- 24 hour hotline Free

ADDRESS 27 Park Street
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-862-5566

TOLL FREE NUMBER 1-800-545-5014

FAX NUMBER 508-775-1598

E-MAIL ADDRESS

WEBSITE

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Psychiatric Assessment Team Inpatient Psychiatry Urgent Care Consultation Liaison Services Behavioral Medicine Services Partial Hospitalization Program Adult Out Patient Mental Health Services Kids and Teens Behavioral Health Assessment Center Child and Adolescent Services Community Crisis Services Options for Employment Community Outreach Programs
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ADDRESS 25 Shawmut Road
Canton, MA 02021

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 339-502-5900

TOLL FREE NUMBER

FAX NUMBER 339-502-5880

E-MAIL ADDRESS

WEBSITE salvationarmy.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY Good Neighbor Energy and Emergency Disaster Services
Camp Wonderland, Wonderland Lodge, Community Care

NAME OF AGENCY	Salvation Army Hyannis Corps
ADDRESS	100 North Street Hyannis, MA 02601
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-775-0364
TOLL FREE NUMBER	
FAX NUMBER	508-862-0256
E-MAIL ADDRESS	RHansen@use.salvationarmy.org
WEBSITE	www.salvationarmy-MA.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Seasonal Assistance– Dress A Live Doll, Toy Shop, Thanksgiving and Christmas dinner food baskets Food Pantry Reduced Electric– NSTAR for low income residents Emergency Financial Assistance Daystar Program for the Homeless– Miracle Kitchen Overnights of Hospitality Emergency Disaster Relief

NAME OF AGENCY Shaw Fund for Mariner's Children

ADDRESS P.O. Box 20
Mashpee, MA 02649

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-477-6708

TOLL FREE NUMBER

FAX NUMBER 508-477-6708

E-MAIL ADDRESS

WEBSITE

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY Emergency financial assistance for mariners and their families.

NAME OF AGENCY	Sight Loss Services, Inc.
ADDRESS	87 School Street West Dennis, MA 02670
MAILING ADDRESS (if different)	P.O. Box 414 West Dennis, MA 02670
TELEPHONE NUMBER	508-394-3904
TOLL FREE NUMBER	1-800-427-6842 (MA)
FAX NUMBER	508-398-0792
E-MAIL ADDRESS	sightloss@verizon.net
WEBSITE	www.sightloss.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Sight Loss Services provides services to people in the Cape and Islands community who are learning to cope and function safely and independently with the loss of sight. Ours is an unduplicated service for which we charge no fees.

NAME OF AGENCY

Social Security Administration

ADDRESS

48 Research Road
East Falmouth, MA 02536

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

855-881-0212

TOLL FREE NUMBER

1-800-772-1213

FAX NUMBER

508-457-9250

E-MAIL ADDRESS

WEBSITE

www.socialsecurity.gov

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Take applications for Retirement, Survivor and Disability benefits.
Replacement and original requests for Social Security numbers
Provide assistance regarding Medicare, missing or incorrect benefit checks

ADDRESS 50 Long Pond Road
South Yarmouth, MA 02664

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-398-5277

TOLL FREE NUMBER

FAX NUMBER 508-398-4659

E-MAIL ADDRESS

WEBSITE www.southbaymentalhealth.com

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Outpatient Mental Health Early Intervention Information and Referral Children's Services Adult Day Services Mashpee Clinic 508-760-1475
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ADDRESS 460 West Main Street
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-775-7020

TOLL FREE NUMBER 1-800-742-4107

FAX NUMBER 508-790-3955

E-MAIL ADDRESS ryox@sccls.org

WEBSITE www.sccls.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	SCCLS provides legal services at no cost to low income (income below 187.5% of the Federal poverty level) and elderly (age 60+) individuals with civil legal problems within program priorities. Legal aid priorities include housing, family, public benefits, consumer, education and immigration law issues.
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NAME OF AGENCY	South Shore Community Action Council
ADDRESS	265 South Meadow Road Plymouth, MA 02360 or 20 Willow St.(November-April) Hyannis, MA 02601 508-778-0870
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-747-7575
TOLL FREE NUMBER	1-877-383-5243
FAX NUMBER	508-746-5140
E-MAIL ADDRESS	
WEBSITE	www.sscac.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Fuel Assistance– 39 towns NGRID Weatherization– Bourne NStar Electric Arrearage Forgiveness– All fuel assistance towns with NStar NGRID Arrearage Forgiveness–All fuel assistance towns with NGRID All programs have income eligibility restrictions primarily up to 200% of the Federal Poverty Guidelines.

NAME OF AGENCY	St. Peter's Episcopal Church On The Canal
ADDRESS	165 Main Street Buzzards Bay, MA 02532
MAILING ADDRESS (if different)	P.O. Box 265 Buzzards Bay, MA 02532
TELEPHONE NUMBER	508-759-5641
TOLL FREE NUMBER	
FAX NUMBER	508-759-2101
E-MAIL ADDRESS	saintpeters@verizon.net
WEBSITE	www.saintpetersbb.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Friendly Kitchen- a free meal every Monday at 5:30 to anyone who comes through the doors Kids World Preschool

NAME OF AGENCY	St. Vincent De Paul Corpus Christi Parish
ADDRESS	324 Quaker Meeting House Road E. Sandwich, MA 02537
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-833-1555
TOLL FREE NUMBER	
FAX NUMBER	
E-MAIL ADDRESS	
WEBSITE	corpuschristiparish.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	We help the needy in our Parish Community (which includes Sagamore and Sagamore Beach) with food, transportation, clothes and financial help.

NAME OF AGENCY	St. Vincent DePaul St. John the Evangelist Parish
ADDRESS	841 Shore Road Pocasset, Ma 02559
MAILING ADDRESS (if different)	P.O. Box 916 Pocasset, MA 02559-0916
TELEPHONE NUMBER	508-563-5317
TOLL FREE NUMBER	
FAX NUMBER	
E-MAIL ADDRESS	stjohn.reled@verizon.net
WEBSITE	
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	We provide emergency help to families seeking assistance with food, clothing, rent, electric and gas utilities. There are no fees. Our service area is south of the canal from the ice rink west covering Monument Beach, Pocasset, Cataumet. We also serve as a referral to other social service agencies. There is no age limit.

NAME OF AGENCY	St. Vincent DePaul St. Margarets Parish
ADDRESS	141 Main Street Buzzards Bay, MA 02532
MAILING ADDRESS (if different)	
TELEPHONE NUMBER	508-759-7777
TOLL FREE NUMBER	
FAX NUMBER	
E-MAIL ADDRESS	
WEBSITE	
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Food vouchers, rent and utility assistance Serve Buzzards Bay and Onset Count Your Blessings Thrift Store 95C Main St. Buzzards Bay, MA Tuesday– Friday 10-4, Saturday 10-3:30

ADDRESS 82 Old Plymouth Road
Sagamore Beach, MA 02562

TELEPHONE NUMBER 508-888-0170

TOLL FREE NUMBER

FAX NUMBER 508-888-0775

E-MAIL ADDRESS swiftmemorial@verizon.net

WEBSITE www.swiftumc.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Free “Budget Stretching” Dinner the last Wednesday of the month at 5 p.m. Emergency Food Pantry Red Roost Thrift Store– Wednesdays, Fridays and Saturdays, 10-2 YMCA Activities All of the above are located at the Swift Activity Center 82 Old Plymouth Road , Sagamore Beach
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NAME OF AGENCY	The Arc of Cape Cod
ADDRESS	171 Main Street Hyannis, MA 02601
MAILING ADDRESS (if different)	P.O. Box 428 Hyannis, MA 02601
TELEPHONE NUMBER	508-790-3667
TOLL FREE NUMBER	1-888-593-8068
FAX NUMBER	508-775-5233
E-MAIL ADDRESS	arcofcapecod@gmail.com
WEBSITE	arcofcapecod.org
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Case management for adults with developmental disabilities (state funded) Sandpipers Adult Social Club- \$40. annual membership + cost of events. Information and referral

NAME OF AGENCY The Samaritans of Cape Cod and the Islands

ADDRESS P.O. Box 65
Falmouth, MA 02540

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-548-7999

TOLL FREE NUMBER 1-800-893-9900 or 1-877-870-4673

FAX NUMBER 508-548-7999

E-MAIL ADDRESS ccsamaritans@verizon.net

WEBSITE www.capesamaritans.org

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	We are a non-denominational, non-profit volunteer organization. Our mission is to listen with empathy and compassion to those who need to be heard and who need to hear a consoling human voice. We provide crisis lines, a Senior Outreach Program and community education.
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NAME OF AGENCY	Turning Point Wareham Area Committee for Homeless
ADDRESS	6 Rodgers Ave Wareham, MA 02538
MAILING ADDRESS (if different)	P.O. Box 486 Wareham, MA 02538
TELEPHONE NUMBER	508-291-0535
TOLL FREE NUMBER	
FAX NUMBER	
E-MAIL ADDRESS	wach1@verizon.net
WEBSITE	
DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Referrals and help with household bills when funds are available Temporary mailing address and phone use Rides to shelters Baby Point on third Thursday of month (diapers, wipes, clothing) Must have WIC or Mass Health

NAME OF AGENCY

VA Primary Care Center

ADDRESS

233 Stevens Street
Hyannis, MA 02601

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

508-771-3190

TOLL FREE NUMBER

1-866-363-4486 ext 3300

FAX NUMBER

508-771-0940

E-MAIL ADDRESS

WEBSITE

www.providence.va.gov

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Outpatient Clinic
Monday– Friday 7:30am to 4:00 pm
Primary Healthcare Provider will coordinate your healthcare
needs
Mental Health Services
Laboratory Services
Pharmacy
Radiology

ADDRESS 474 West Main Street
Hyannis, MA 02601

MAILING ADDRESS
(if different)

TELEPHONE NUMBER 508-778-0124

TOLL FREE NUMBER 1-877-927-8387

FAX NUMBER 508-775-3014

E-MAIL ADDRESS adam.deoerfler@va.gov

WEBSITE

DESCRIPTION OF SERVICES, RESTRICTIONS & FEES, IF ANY	Vet Centers serve veterans and their families by providing a continuum of quality care that adds value for veterans, families, and communities. Services include readjustment counseling, community education, outreach to special populations, brokering of services with community agencies, and provides a key access link between veterans and other services in the U.S. Department of Veterans Affairs.
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NAME OF AGENCY

Visiting Nurse Association of Cape Cod

ADDRESS

255 Independence Drive
Hyannis, MA 02601

MAILING ADDRESS

(if different)

TELEPHONE NUMBER

TOLL FREE NUMBER

1-800-631-3900

FAX NUMBER

508-771-3707

E-MAIL ADDRESS

WEBSITE

www.vnacapecod.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

The VNA of Cape Cod provides comprehensive home health and hospice services that enable individuals- from newborns to the elderly- to receive care in the privacy and comfort of their own homes. Our highly trained professionals are dedicated to ensuring a smooth transition from a hospital, nursing home or clinic to home. Specially trained teams offer intravenous therapy, wound care, ostomy care, pain management, HIV/AIDS care, oncology, palliative and hospice care, mental health assessments and maternal and child health.

NAME OF AGENCY YMCA of Cape Cod

ADDRESS 2245 Route 132
West Barnstable, MA 02668

MAILING ADDRESS P.O. Box 188
(if different) West Barnstable, MA 02668

TELEPHONE NUMBER 508-362-6500

TOLL FREE NUMBER 1-800-339-9622

FAX NUMBER 508-362-6500

E-MAIL ADDRESS info@ymcacapecod.org

WEBSITE www.ymcacapecod.org

DESCRIPTION OF
SERVICES,
RESTRICTIONS &
FEES, IF ANY

Membership required
Monday-Friday 5:30 am to 9 pm
Saturday 7 am to 6:30 pm
Sunday Noon to 5 pm
Child Care

HUMAN RESOURCES INDEX

ABUSE AND VIOLENCE

Cape Cod Center for Women
Child and Family Services
Community Action Committee of Cape Cod
Department of Children and Families
Elder Services of Cape Cod and the Islands
Independence House
MSPCC
Parents Anonymous

ALCOHOL AND SUBSTANCE ABUSE

Al-Anon/Alateen
Gosnold
New England Region of Narcotics Anonymous

CHILDREN AND FAMILIES

A Baby Center
Al-Anon/Alateen
Bayview Associates
Big Brothers Big Sisters of Cape Cod and the Islands
Birthright
Bourne Housing Authority
Bourne Recreation Department
Bourne Youth Council
Boys and Girls Club of Cape Cod
Cape Cod Center for Women

Cape Cod Child Development
Cape Cod Families Early Childbearing Program
Cape Cod Neighborhood Support Coalition
Cape Cod WIC
Child and Family Services
Child Care Network
Department of Children and Families
Department of Mental Health
Family Continuity
4H Club- Barnstable County
Hope Dementia and Alzheimer's Services
Gleason Family YMCA
Independence House
MSPCC
Parents Anonymous
Psychiatric Hospital at Cape Cod Hospital
South Bay Mental Health
Visiting Nurse Association of Cape Cod
YMCA of Cape Cod

CRISIS INTERVENTION

Birthright
Cape Cod Center for Women
Department of Children and Families
Family Continuity
Gosnold
Independence House
Parents Anonymous
Psychiatric Hospital at Cape Cod Hospital

The Samaritans of Cape Cod and the Islands

DISABILITIES

Barnstable County Human Rights Commission
Bourne Housing Authority
Cape Abilities Inc.
Cape Organization for the Rights of the Disabled (CORD)
Community Connections
Department of Veteran's Services
Eastpoint Properties (Bourne Oaks)
Elder Services of Cape Cod and the Islands
Family Service Association
Habilitation Assistance Corporation
Massachusetts Commission Against Discrimination
Massachusetts Commission of the Blind
Massachusetts Commission of the Deaf and Hard of Hearing
Massachusetts Department of Developmental Services
Sight Loss Services, Inc.
Social Security Administration
The ARC of Cape Cod

EDUCATION

Barnstable County Human Rights Commission
Cape Cod Child Development
Cape Cod Council of Churches
Cape Cod Early Childbearing Program
Cape Cod Neighborhood Support Coalition
Child Care Network
Community Action Committee of Cape and Islands

Community Connections
Department of Veteran's Services
Fairwinds Clubhouse
Hope Dementia and Alzheimer's Services
Housing Assistance Corporation
MSPCC
NAMI of Cape Cod and the Islands
Vet Center

ELDERS

Bayview Associates
Bourne Council on Aging
Bourne Housing Authority
Bridging the Years Supportive Day Club
Cape United Elders
Department of Transitional Assistance
Eastpoint Properties (Bourne Oaks)
Elder Services of Cape Cod and the Islands
Family Continuity
Hope Dementia and Alzheimer's Services
Social Security Administration
South Bay Mental Health

EMPLOYMENT AND TRAINING

Cape Abilities Inc.
Community Connections
Department of Transitional Assistance
Fairwinds Clubhouse
Habilitation Assistance Corporation

Job Training and Employment Corp. (JTEC)

Massachusetts Commission of the Blind

Massachusetts Commission of the Deaf and Hard of Hearing

FINANCIAL ASSISTANCE AND EMERGENCY FUNDING

Cape Cod Time Needy Fund

Catholic Social Services

Community Resource Network

Department of Transitional Assistance

Department of Veteran's Services

Salvation Army- Boston

Salvation Army- Hyannis

Shaw Fund for Mariner's Children

St. Vincent DePaul- Corpus Christi Parish

St. Vincent DePaul- St. John the Evangelist Parish

St. Vincent DePaul- St. Margaret's Parish

Turning Point

FOOD AND NUTRITION

Bourne Friends Food Pantry

Bourne United Methodist Church

Cape Cod Council of Churches

Cape Cod Times Needy Fund

Community Resources Network

Department of Transitional Assistance

Salvation Army- Hyannis

St. Peter's Episcopal Church on the Canal

St. Vincent DePaul- Corpus Christi Parish

St. Vincent DePaul- St. John the Evangelist Parish

St. Vincent DePaul- St. Margaret's Parish
Swift Memorial United Methodist Church
WIC

FUEL AND UTILITIES

Bourne Council on Aging
Bourne United Methodist Church
Cape and Islands Self Reliance Corp.
Cape Cod Times Needy Fund
Community Resources Network
Salvation Army- Boston
Salvation Army-Hyannis
South Shore community Action Committee
St. Vincent DePaul- Corpus Christi Parish
St. Vincent DePaul- St. John the Evangelist Parish
St. Vincent DePaul- St. Margaret's Parish

HEALTHCARE

Hope Hospice
Visiting Nurse Association of Cape Cod
VA Primary Care Center
Community Health Center of Cape Cod

AIDS

AIDS Support Group of Cape Cod

LEGAL

Barnstable County Human Rights Commission
Massachusetts Commission Against Discrimination

South Coastal Legal Services

MENTAL HEALTH

Bayview Associates

Cape Cod Human Services

Child and Family Services

Community Health Center of Cape Cod

Department of Children and Families

Department of Mental Health

Fairwinds Clubhouse

Gosnold

MSPCC

NAMI of Cape Cod and the Islands

Psychiatric Hospital at Cape Cod Hospital

South Bay Mental Health

Vet Center

Visiting Nurse of Cape Cod

TEENS

Al-Anon/Alateen

Bayview Associates

Bourne Recreation Department

Bourne Youth Council

Boys and Girls Club of Cape Cod

Cape and Islands Gay and Straight Youth Alliance (CIGSYA)

Cape Cod Families Early Childbearing Program

Family Continuity

4H Club- Barnstable County

Gleason Family YMCA

Independence House

Psychiatric Hospital at Cape Cod Hospital

HOMELESS

Cape Cod Council of Churches

Community Action Committee of Cape Cod and the Islands

Housing Assistance Corp.

NOAH Center

Salvation Army- Hyannis

Turning Point

TRANSPORTATION

Cape Cod Regional Transit Authority

GATRA

INFORMATION AND REFERRAL

AIDS Support Group of Cape Cod

Barnstable County Human Rights Commission

Barnstable County Human Services

Birthright

Bourne Council on Aging

Bourne United Methodist Church

Cape and Islands Gay and Straight Alliance (CIGSYA)

Cape Cod Center for Women

Cape Cod Families Early Childbearing Program

Cape Cod Human Services

Cape Cod Neighborhood Support Coalition

Cape Organization for the Rights of the Disabled (CORD)

Cape United Elderly

Catholic Social Services
Child Care Network
Department of Children and Families
Department of Mental Health
Department of Transitional Assistance
Department of Veteran's Services
Falmouth Family Planning
Family Continuity
Hope Dementia and Alzheimer's Services
Independence House
Massachusetts 211
Massachusetts Commission Against Discrimination
Massachusetts Commission of the Blind
Massachusetts Commission for the Deaf and Hard of Hearing
Massachusetts Department of Developmental Services
MSPCC
Parents Anonymous
Psychiatric Hospital at Cape Cod Hospital
Sight Loss Services Inc.
South Bay Mental Health
St. Peter's Episcopal Church on the Canal
St. Vincent DePaul- Corpus Christi Parish
St. Vincent DePaul- St. John the Evangelist Parish
St. Vincent DePaul- St Margaret's Parish
Swift Memorial Methodist Church
The Samaritans of Cape Cod and the Islands
VA Primary Care Center
Vet Center
Visiting Nurse Association of Cape Cod

